

CERTIFICATE OF PARTICIPATION

This is to certify that

phillip crous

Has successfully participated & completed the

10 km Adult Weekend Warrior Trail sponsored by Tru-Cape

held at Grabouw Country Club.

TIME 00:48:46

PACE 04:51/km

GENDER 2 of 9

OVERALL 2 of 23

OPEN 2 of 8

11 May 2019, Sat

Date



BoutTime

Signature

